



United Solutions for Care

GOAL: PERSONALIZED CARE

United States of Care is building a better future for the health care system.

We champion fair and commonsense policy changes to meet people's urgent needs. In a system that people feel is unfair and profit-driven, our goal is simple: Ensure that every person can access health care, regardless of who they are, how much money they make, or where they live.

Based on what people need and want from the system, we have created a one-of-a-kind roadmap of a dozen smart and targeted solutions to the most pressing and urgent challenges people face with the health care system.

United Solutions for Care is a set of twelve concrete and achievable aims to help us build a fairer system — one that doesn't leave anyone bankrupt when they need care. We've grouped those solutions into four major goals — that people's care is affordable, their coverage is dependable, their care is personalized, and that the system is understandable. **Let's work toward a future where people can get the PERSONALIZED CARE they need, when and how they need it.**

Solutions for Personalized Care

Our research has taught us that people generally value having choices within the U.S. health care system — but, at the same time, they find it difficult to get personalized care that meets their needs and treats them as a whole person.

SOLUTION 1	SOLUTION 2	SOLUTION 3
Provide support to caregivers of loved ones at home by making it easier for people to continue to live independently while receiving care, rather than moving into long-term care facilities.	Require coverage of mental and physical health to be the same and expand the ability to get mental health care by making sure that health insurance plans cover it the same as physical health care.	Provide better maternal and newborn care by expanding in-home visits by nurses who can connect families with additional help after the baby comes home and increasing insurance coverage for the different ways people want to give birth — like doula services, birthing centers, and home births.
SOLUTION 4	SOLUTION 5	
Make it more convenient to get care by expanding the ability to get physical and mental health care where it's most convenient, like at workplaces, local schools, or clinics.	Ensure that people can equitably get care virtually by requiring insurance companies to cover appointments that happen by computer or phone.	





United Solutions for Care - Goal 3: Personalized Care

Achieving our shared goals will make the system better for us all. **United Solutions for Care** includes **TWELVE TARGETED SOLUTIONS** that will address people’s pain points with the health care system, and provide more fairness and financial peace of mind. Achieving these shared goals will move us closer to a system where every person can access health care, regardless of who they are, how much money they make, or where they live.

Currently, there are **53 million caregivers** in the U.S. Among caregivers, **61% have another job** and **23% say that their own health has suffered** as a result of caregiving.

Source: Caregiving in the U.S. 2020, National Alliance for Caregiving and AARP

Sadly, many people don’t feel that they are receiving this type of personalized care. United States of Care believes that to improve personalized care, the health care system should better provide support to caregivers, seek parity between mental and physical health, provide better maternal health support, and make it more convenient for people to get care—both in-person and virtually.



Provide support to caregivers: **89% support**

89% support overall. Includes the support of 90% of people of color, 85% of rural residents, and 87% of lower income participants. Supported by 93% of Democrats, 83% of Independents, and 87% of Republicans.



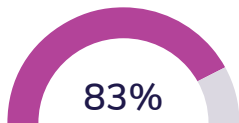
Require coverage of mental and physical health to be the same: **90% support**

90% support overall. Includes the support of 89% of people of color, 91% of rural residents, and 91% of lower income participants. Supported by 93% of Democrats, 84% of Independents, and 89% of Republicans.



Provide better maternal and newborn care: **75% support**

75% support overall. Includes the support of 77% of people of color, 74% of rural residents, and 78% of lower income participants. Supported by 85% of Democrats, 69% of Independents, and 66% of Republicans.



Make it more convenient to get care: **83% support**

83% support overall. Includes the support of 87% of people of color, 75% of rural residents, and 81% of lower income participants. Supported by 91% of Democrats, 71% of Independents, and 79% of Republicans.



Ensure that people can equitably get care virtually: **84% support**

84% support overall. Includes the support of 84% of people of color, 82% of rural residents, and 84% of lower income participants. Supported by 90% of Democrats, 77% of Independents, and 81% of Republicans.

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I think it’s all about choice. If you could see someone via-telemedicine vs. going into their doctor’s office, that’s fantastic. If you have more doctors to choose from, more doctors to go through, choice gives you the ability to really control . . . your life better.

Focus group participant with insurance they’re satisfied with, Florida

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It’s important and a great idea to provide additional support to families with newborns, and letting mothers have the freedom they deserve. Everyone should be able to have the opportunity to build a family.

Research participant with public health insurance