United States of Care is building a better future for the health care system.

We champion fair and commonsense policy changes to meet people’s urgent needs. In a system that people feel is unfair and profit-driven, our goal is simple: Ensure that every person can access health care, regardless of who they are, how much money they make, or where they live.

Based on what people need and want from the system, we have created a one-of-a-kind roadmap of a dozen smart and targeted solutions to the most pressing and urgent challenges people face with the health care system.

United Solutions for Care is a set of twelve concrete and achievable aims to help us build a fairer system — one that doesn’t leave anyone bankrupt when they need care. We’ve grouped those solutions into four major goals — that people’s care is affordable, their coverage is dependable, their care is personalized, and that the system is understandable. Let’s work toward a future where people have the certainty that they can AFFORD their health care.

Solutions for Affordable Health Care

Overall cost is people’s foremost concern about the health care system, and these solutions set out to relieve those fears and bring people peace of mind. All our work prioritizes lower costs, and these are concrete solutions we’ll pursue to start making health care more affordable and giving people the certainty they need:

**SOLUTION 1**

Lower prescription costs by allowing the government to negotiate prices and increasing competition among drug makers to make it easier and faster to get generics.

**SOLUTION 2**

Eliminate out-of-pocket costs for basic health care services, like mental health and primary care visits.

“You shouldn’t have to make the decision to go to the doctor or buy groceries.

Research participant with private insurance
United Solutions for Care - Goal 1: Affordability

Achieving our shared goals will make the system better for us all. United Solutions for Care includes TWELVE TARGETED SOLUTIONS that will address people’s pain points with the health care system, and provide more fairness and financial peace of mind. Achieving these shared goals will move us closer to a system where every person can access health care, regardless of who they are, how much money they make, or where they live.

1 in 5 non-white adults carries long-term medical debt

Source: Gallup-West Health U.S. Healthcare Study, July 2020

Across the country, people’s most urgent need is the certainty that they can afford their care when they need it, without fearing debt or bankruptcy. When it comes to making care more affordable, policymakers should focus on solutions that can reduce direct costs to patients, while being intentional about costs to the overall system and making coverage more dependable. Bringing down the cost of prescription drugs and out-of-pocket costs for basic health services are critical places to relieve people of the fear of financial ruin.

Lowering prescription costs: 86% support

Bring down the costs of prescription drugs by allowing the government to negotiate prices, increasing competition among drug makers to make it easier and faster to get generics.

86% support overall. Includes the support of 84% of people of color, 86% of rural residents, and 83% of lower income participants. Supported by 90% of Democrats, 76% of Independents, and 86% of Republicans.

Eliminating out-of-pocket costs for basic health care services: 87% support

Require insurance companies to cover basic types of care, like mental health and primary care visits, with no out-of-pocket costs to the patient. These steps would help ensure people get the primary and behavioral health care they need.

87% support overall. Includes the support of 91% of people of color, 84% of rural residents, and 86% of lower income participants. Supported by 94% of Democrats, 82% of Independents, and 81% of Republicans.

“I want everyone to just have standard basic care that is affordable, so people can just go get primary care at the doctor or at the hospital or whatever... I think just setting standards for health insurance plans to make sure everyone can have access to those plans.”

Focus group participant with insurance they are satisfied with, New York

“This is absolutely essential for the U.S. Prescriptions drugs here are more expensive than anywhere else. The government needs to step in here, it’s actually harming people.”

Research participant with public health insurance

Learn more about all 4 goals and 12 solutions at USofCare.org